



Name _____

Puzzle Benefits Word Search

V O G B R U R D A V J B C Q M T F R O S
 I L J Z O F K L L E V O I Y J H U P U T
 A C N Z D M C L Q R S A B H E L U C P R
 A R L A R L O O B S E R V A T I O N E A
 O I S W H P N J F Z F L H B D F T I R T
 R T D F E R C P E Y X J A W E I E H S E
 T I A N W O E Y R V G X D X P F Q X E G
 N C F J R B N W I Y M H P V A V V S V Y
 O A F V S L T Y F Y G F T E T T F B E N
 L L G C Y E R Z G L R A F H I Z I F R U
 L - L S B M A C Z C H A C L E D H O A L
 Z T G A P - T M I N D F U L N E S S N M
 R H H L A S I G E B M W W P C X G W C F
 Q I K Y Z O O D U M U B D D E T C G E L
 D N R R O L N H E R O K S Q S E U T J Y
 V K F N S V K V L A I R L V L R G N J O
 E I E P X I V E H H C E Y U Y I U F F J
 L N V F Y N P C R E A T I V I T Y J W Q
 S G Q J D G L T L X I B O P E Y M C Q X
 F Q F A M G C F L A K T E A M W O R K H

Focus
 Patience
 Creativity
 Dexterity
 Problem-solving

Memory
 Concentration
 Strategy
 Relaxation
 Mindfulness

Critical thinking
 Teamwork
 Perseverance
 Observation
 Logic

