



Name \_\_\_\_\_

### Orange Nutrients Word Search

U W I L L T U N G F O A F Z U C J U X Y  
 N L Q J E J X M H N C Z D T J H M R E H  
 D W L D O X C S F P H S L Y F S K I G Z  
 H B V H G S C P X O E L Q T M Q S P P U  
 R B Z M T V G H F F L C N O B E U K I A  
 B E N K H C V C L V P A T T B Z A Q B U  
 B T S I I P I A X T D L T I J T D A T Q  
 C A R Q A Y T R F I U O M E N C P L C I  
 N C E Y M B A B X I G R L W F R D K N I  
 C A L C I U M O W E B I M P R H J C J I  
 V R T X N C I H D F E E O N M J Y I K V  
 L O Y R E T N Y P D L S R I H V C T M S  
 E T H B N Q C D O Z N A Y D T Z E R I F  
 E E D A H S R R T D G R V A O Y B I S O  
 Y N O Z C N G A A U I A S O U B N C O A  
 N E G F L Q C T S S M Z A P N E Z A V R  
 Q J Z X L O K E S E R L Y A F O L C J G  
 E C D D U I N S I K Q V L O Y N I I J G  
 M J P H Y T O N U T R I E N T C K D C Q  
 D L D B O Z S B M N B P U K C W R W H W

Vitamin C  
 Fiber  
 Antioxidant  
 Potassium  
 Folate

Calcium  
 Carbohydrates  
 Sugar  
 Calories  
 Citric Acid

Flavonoid  
 Pectin  
 Thiamine  
 Beta-Carotene  
 Phytonutrient

