



Name _____

Banana Nutrition Word Search

I K V L M P X X J J O G F M F H T M F R
 M R E J V U R I A R N Q U G L N Y H T F
 O F K O H N Y O I Z Y I N W A V R Z V T
 K Z D T P N P M T K S V S D K A H D Y Q
 Z M A T H V D E D E F E I B G V W V E W
 O U N A Y D Z P N A I X P U X D E M D R
 F A H N J U G G O R O N S O D I U M X G
 U Z N O S T A R O I F Y V H P G M Q X S
 V M K S S M X L T Z R S A Y O E O W U O
 H U B I G P A N T E D E L D T S B I V G
 Y N H F O C A R B O H Y D R A T E D P S
 X K N W Z H C I Z C Z S X A S I N F J K
 X N G A E O F R R A J K W T S O E R A E
 S I H R Z P A A X R U K P I I N R M A E
 M I L Q X O T Q U Z N Y A O U B G X A D
 Z I G Y H S Q V I T A M I N M L Y F F T
 N G T V L R O M O A Z G U M N Y J T S Z
 O A Q R L H G C X V X F K D B K A D C H
 M O I Z E S N T L J H R M G F M P C K D
 L M P S D T V R L D X F Q L M Z R Q M S

Potassium
 Vitamin
 Calories
 Fiber
 Carbohydrate

Antioxidant
 Magnesium
 Energy
 Sugar
 Digestion

Sodium
 Hydration
 Protein
 Starch
 Fat

