



Name \_\_\_\_\_

### Tomato Nutrition Word Search

G A E N S C L E O D Y S E C O Z C N J A  
 E L X U Y S P M I V U T A U E M Z B X K  
 V F Y E N E W K C F A B M K W S G Y I G  
 G V C Q C I T C D M O Q O X M F C O V G  
 G K P B H M G G A J J D B Y I N Q U R P  
 S P V V T A N T I O X I D A N T C T V M  
 Q E G I I X U A R Y Q E N Q E J V Z K Z  
 C Q C X C L O M B E T A C A R O T E N E  
 W G K H G K R N I M A Q C D A C I D I C  
 B V P H Y T O C H E M I C A L D Y W S E  
 M C C O F D A W I C Q L A F J T B S V M  
 R P G G T D R V B P T Y L F S N V V I D  
 Y R F E Y A C A K T A C O K O N I I K S  
 G Q W B L F S J T L I O R R P L T M A Q  
 B F I B E R M S M I H P I A A Z A R N D  
 O C P L A S R F I S O E E X T D M T U Z  
 W R K G C T N J Q U S N Y L I G I N E D  
 M I U L A T M I Z V M E U R U D N X O H  
 M S G N Q Q P X F E E N W E E C C L D C  
 F P H D B N N R P I C T F S D Q Y B T X

Lycopene  
 Fiber  
 Antioxidant  
 Vitamin C  
 Potassium

Calorie  
 Hydration  
 Phytochemical  
 Beta-Carotene  
 Mineral

Folate  
 Acidic  
 Sugars  
 Glutamate  
 Iron

