



Name _____

Smoothie Health Benefits Word Search

D I G E S T I O N G M B J R O T X J F A
 P E S P M N G B K P E H H S Q X V W Z M
 N N T R H F G R W W F G N A Y J I U N A
 K E T O M Y H A R E J U V E N A T I O N
 G R W T X C D H H E U S V Z U L A M M U
 V G O E N D U R A N C E G J E Z L M J T
 S Y W I I H H T A A L O F J U S I U G R
 H W L N O G Z G K T Y Y V W S E T N A I
 G M B O D U H N D W I K J E T K Y I S E
 Z J G V O J F T B S M O N O R A G T P N
 A Z F A N O V I L B U L N R L Y N Y I T
 K V Q J X N R D B O L G H A R A D H U S
 Z N A N N W E N D E S Q K W D E P R E S
 U N D N K I P B W J R S D I J T Z O W F
 T W O U E Y M G I M T M X Q M O P C H W
 P D G P F L L E S V U O E C N Q L S D K
 O W B X F X P C K W I O U Q R R H B M H
 I J S T T K N I Q T Y A B V L S T A O F
 B R Q I B I E A N D N K G P Y L U B W C
 I M R P Y E K A U S I Y Y R S V L P S A

Detox
 Energy
 Hydration
 Fiber
 Antioxidant



Digestion
 Immunity
 Protein
 Recovery
 Weight-loss

Nutrients
 Rejuvenation
 Vitality
 Wellness
 Endurance