



Name _____

Gym Mindset Word Search

W G M X X E K S T H F V B J A H M Q F S
 D Y A B C V I S U A L I Z A T I O N I A
 N R F I E R C W D J M L X I W B A K E S
 B V X P R E H U I R O P K X F K U O E X
 B O D Z A E A E S E I A N V P I H J Q C
 O W E J B N L D C X F V Z A N G Q B Y M
 L H T A C T L N I S D F E Z U V F C R X
 Q W E W B V E P P M F Y O O H J N O J B
 T I R B B D N A L B O L R R K E D M R O
 G L M V I M G P I Q N H D S T Q R M E W
 G L I F V D E K N A T K T S C F B I X Z
 J P N R O R C X E K H E I T H T Z T I V
 A O A D X C O K A E S S Q S J O F M V E
 C W T X D G U E K D N Z A M N I V E D X
 Z E I L F L R S N O R E S I L I E N C E
 W R O K K B X I C X A D H D W R B T K E
 P U N L W Y M Z T D J H T M V M E A Z O
 Z Y F W Z E I X E U W H D I L C D G I L
 D M F I N D Q K C N Y H D H S C F I Q P
 D Z T F H B E L B T J Y R N L M T W I W

Discipline
 Consistency
 Focus
 Willpower
 Mindset

Challenge
 Breakthrough
 Determination
 Effort
 Resilience

Grit
 Drive
 Commitment
 Visualization
 Confidence

