Name _____

Long Jump Terminology Word Search

S L M O R D K T J O K I L Y S L T D P M
T A K E O F F P O W E R Z L U E X Q E A
Y N Z N X S X A K K U Z J L R T T B R X
I D Q U E N Y T E Q P N H E S H O O F I
O I B U H E W Z F U V P F R G G P D O M
R N M U S C L E E L A S T I C I T Y R U
V G J D Z F O I M P N G E R K M I A M M
F S X V K T L A F A J H L P A J M L A E
Z T P D Y Z E I R T K Q X T Y N A I N F
V R D K A Q B T G A B S L W Q H L G C F
B A Y D U A Y V E H G G R R M J F N E O
O T W Q M G L P Q T T R O S B S O M P R
Z E T J R I K X O M J P H C Z V R E E T
J G P E B N S W E Q B M H U K O C N A H
V Y N S P E E D E N D U R A N C E T K D
Z E T J X L U H M Y W T D Z S A G T R R
A C C E L E R A T I O N Z O N E B A R E
V V X B Y H O X V Q S J K O S C K O I P
O W I N A I R C O O R D I N A T I O N C
A Q A B O U N D I N G M E C H A N I C S

Flight phase
Speed endurance
Bounding mechanics
Takeoff power
Maximum effort

Knee lift
Acceleration zone
In-air coordination
Body alignment
Landing strategy

Energy transfer
Optimal force
Peak height
Muscle elasticity
Performance peak

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