



Name \_\_\_\_\_

### Quiet Thoughts Word Search

M M G E F Q H D N W P P H K G H F S A F  
O G L L P X H Q I L I E I L W X I J L E  
A K L D V R I T G H F N D G C W S E Z W  
Q J O I I H E R B L X J E X P E S H V U  
J L V T R U C U E W C F T H V Y X F T D  
P C E E I G J S H B N M H L M T L L M O  
N K H B N H T T A P E I E E H E Q M O U  
N N E V O I W Y T V T S M P S L O A A B  
X O R R R M I O E M R A S R O L T C W T  
P W S A Z S W U Y U L B E A V Y K I V O  
K T E F C E Y R O B N H L I V O O U I U  
F H L T N L H S U M E Q V S M U N L O R  
U E F F P F U E R E Y W E E B R M S R S  
Q M N S K C G L S B L N S I M S C M B E  
D S N E O J Z V E O O C J T J E N J W L  
N E P F V H F E L W B C W S D L U N J V  
H L G A C Z L S F Z M R S E L V P W N E  
X V P C A L M Y O U R S E L F E H H Z S  
I E J U D G E H I M S E L F O S S M Q G  
G S F K Z G J J V Q G I B G K C K K W W

Calm yourself  
Hug himself  
Love herself  
Hear itself  
Focus ourselves

Trust yourselves  
Know themselves  
Blame myself  
Hate yourself  
Judge himself

See herself  
Praise itself  
Doubt ourselves  
Tell yourselves  
Hide themselves

