



Name _____

Stress Triggers Word Search

Z S C D F W P V Y W B G F C B O X D Y B
 I I H T G O F N G X N F R O F C B I E D
 W S O G M B P U O Q T V S N I B I L A U
 Q F V C S U Y V P A J I Y F N K R J E X
 X L E A L S L A T N T D F L A N S N L X
 L N R E J E C T I O N A K I N B V G L E
 B D T G R H X W I D R Y J C C Q U E W K
 O C I Q M O Y A V T I W M T E Y D K M X
 G I M J R L H E M Z A I L I S L E R Q E
 D B E S G B B X Y S I S L I R N A J T G
 T S W K F S B P H D S P K K G Q D H A W
 I Q E V U R R E S P O N S I B I L I T Y
 J L Z Y W A Z C Y R X G O C N S I P P H
 K M C U O N L T Q E S S E I H G N V E T
 O L C Y B M Y A G S U E G E S U E R E E
 X R H R L P X T E S B A G D Y E U H G S
 T E O T O E R I Q U T O C I E S X O J T
 T M R N U W M O C R I T I C I S M W F H
 O N E K S X D N O E E Z O M M A A M M N
 E D S I H S L S D M X K E I T L G X Y M

Deadline
 Crowds
 Traffic
 Noise
 Conflict

Pressure
 Overtime
 Rejection
 Finances
 Chores

Criticism
 Responsibility
 Multitasking
 Expectations
 Exams

