



Name _____

Better Eating Word Search

D J R Z U C Z Y F L D N M P M U A S E P
 H M V C N H Z Z R O L C D L R B U M I F
 R T O M C D J H U V S S K P A O S L H H
 D R V C K M I Z I C V O S I S M M V S A
 S Y E A D H V B T T M D W Y P M L E E O
 W Q E A U D G L S G A K R D N S U Z L O
 J Z Q S S V O A K W V W F X Z F N E O X
 Q E O A A N F Y U X H O W H S I C L K J
 S P D Y L K A D Y V F O X E E D H V P P
 Y M G A A O H C U F D F L T X N B K K P
 O F O E D B N C K W O B O E D A O M H B
 Y I R O V H U J J Z A R M J G Z X K A N
 B B X Z T O T M G T P G E R Q R O T I G
 D E V H G H R L E C P O M Z Y Q A L N W
 U R R F K D I G R O C E R I E S L I Z P
 A E C R H C E E X O T I P T L K C Y N C
 F E F D I V N N V K O O Y J I D Z J M Y
 H M C T T E T G Z I T A E O V O D J M G
 J O T O B F S A X N E B M F S E N D N H
 J I Z H J F W F K G E Z Z A K E L C T K

Vegetables
Fruits
Salad
Wholegrain
Portion

Protein
Fiber
Cooking
Lunchbox
Berries

Snack
Smoothie
Breakfast
Nutrients
Groceries

