



Name _____

Cardiac Health Word Search

K C Y C H O L E S T E R O L J Z O F M W
 R F Z O H E M D X C J Y Q X T R D Y S U
 J Q X W Z S A C H E C K L X G I Y W P X
 U K F Y W L T M S L R O L U L I A J N I
 G F B V E E B L O O D C K D R G T J A N
 W G F V I E U D N J T C I I A L E M H G
 X V L D G P N Z R Y P Z C S T X A E U O
 R W Y Y H P R H G Z I V Q Q E K Z U B P
 O R O U T I N E E F K H V R A W X R F S
 F M F Z O R P G S N R Y A R I V D R I A
 O P F B S T R E S S I G L Z O S D J B X
 B R Q B H A C I L R U V I F U B K W F O
 O E D S V J L C A S Q R X B F K L H N I
 L Z I Q O A J T X J S H E Z G H O T A O
 F X F G I O A Q F H F G K A R M P X X Y
 A D U U L R U A K P M M K W C Q D F R U
 P Y U B S C I H H U R R W B O B D K U R
 T Z G Q V T W N X B J J F C J C J S C J
 I N T Q Y U Q I I B N S L A B P R E G Z
 G V J G K I L T S M S K H L I F G Q R B



Pulse
 Pressure
 Rate
 Risk
 Check

Stress
 Diet
 Exercise
 Salt
 Weight

Sleep
 Blood
 Sugar
 Cholesterol
 Routine