



Name _____

Emotional Health Word Search

I P C S V C R F U H Q Q Z E V A L L N B
 D R C G O Z J W F F L Q M Q G Q A F Q Y
 C O P E P A G Q I T O Y N K Z A G H O L
 Y C C O T M F M Z I Q E A T O U V V M Y
 B E W M Y U K K J U F L K E C V S Y Q W
 L S J O H H R P O E Z P M E F T I N O L
 E S M T J C W R T X G L Z X Y V W E Y A
 P M P I E G F V F J A I F B F Q W P G G
 U X N J L M X W N C K S L Q Q G D T A H
 M S S A Z E O H X O N T W N M S R P C I
 S A P C T R U S T H K E R D P C U U P E
 Z F N L G H L B Y Y C N D O H Z W I Z N
 Z L U A S O I V N N I O O R S W B P L W
 M C Z U G P R N A J X H A R T R Z T K Q
 F Y L G F E E L K D D D I C Z B W K R U
 I B W H T N A D K M T J Q Q R L C Y E N
 P D X N L B U L X M H O K D X M M P G J
 R U E M P A D M P U N L S F D U O G H T
 I C R Y N Q Z B V V C P L D E C E T H K
 B Z D T Y E Q K A P J G J J G E V X V B

Calm
 Feel
 Think
 Cry
 Smile

Laugh
 Hope
 Cope
 Grow
 Balance

Manage
 Process
 Trust
 Center
 Listen

